RELAY LEGS & EXCHANGE ZONES

We are proud to present the NEW Marathon Relay Exchange Zones! This year, each Exchange Zone will be numbered based off of the exchange of the timing chip. For example, Exchange Zone 1 will be the hand off of Runner 1 and Runner 2.

Check out the new distance order and locations below.

Leg 1 – 10K Start to Exchange 1

Leg 2 -10K Exchange 1 to Exchange 2

Leg 3 - 12K Exchange 2 to Exchange 3

Leg 4 -5K Exchange 3 to Exchange 4

Leg 5 - 5K Exchange 4 to Finish Line

Exchange Zone 1

Exchange between Runner 1 and Runner 2 State Capitol, NE 21st & N Lincoln Blvd

Exchange Zone 2

Exchange between Runner 2 and Runner 3
Wilshire Blvd & N Classen Blvd

Exchange Zone 3

Exchange between Runner 3 and Runner 4 Nichols Hills, Huntington Ave and East Grand Blvd

Exchange Zone 4

Exchange between Runner 4 and Runner 5 7-Eleven – 31st and Classen

Finish Line

Runner 5 and/or Team (optional: team may meet up with runner 5 at 4th and Hudson) to cross the Finish Line and must pick up all medals together.

W Sheridan Ave & N Hudson Ave



