

the oklahoma city  memorial marathon
a run to remember

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13 DAYS TO GO!!!

**'BIGGEST LOSER' CONTESTANT
WILL RUN HALF-MARATHON IN OKC**

After Losing 110 Pounds, Former Reality Show Contestant to Take on New Challenge

OKLAHOMA CITY – Neill Harmer of Bethany, a former contestant on NBC's reality show *The Biggest Loser*, will run his first Half-Marathon at the Oklahoma City Memorial Marathon on Sunday, April 26.

Harmer, who lost 88 pounds on the program before departing the show two years ago, has continued his commitment to weight loss and healthy living. Entering the show at 320 pounds, Neill has continued his new lifestyle, and today tilts the scales at 210 pounds.

"I'm excited, yet a little scared of taking on this distance in two weeks," Harmer said. "I recently ran a 10K race in less than ideal conditions, and I've run ten miles in training, but never this distance in an organized event.

"But I'm excited to join the thousands of other runners at the Marathon, and support this great cause," he continued.

"My message to all Oklahomans is, 'you can do this.' If I can lose 110 pounds and sign up to pound the pavement for 13.1 miles, you can, too. I won't break any records, but I'll be facing and conquering a new challenge, and I can't wait for the big day.

"If you haven't signed up for this year's event, I urge everyone to accept the challenge. Lace up some good running shoes and hit the streets. I want to see you out there next year," he concluded.

Neill and his wife, Amanda, have a website that chronicles their journey. Visit <http://neillandamanda.com/> for more information on their experiences.